



**TRIMAC INCOME FUND ANNOUNCES
DISTRIBUTION**

(Calgary, AB – October 15, 2009) **Trimac Income Fund** (TSX Symbol TMA.UN) today declared a cash distribution of \$0.04 per unit, to unitholders of record at the close of business on October 30, 2009. The distribution is for the month of October 2009 and is payable on November 16, 2009.

The Fund is an unincorporated, open-ended limited purpose trust created for the purpose of acquiring and holding an indirect interest in Trimac Transportation Services Limited Partnership.

Trimac Transportation Services Limited Partnership is Canada's largest provider of bulk trucking services with operations from coast to coast. In addition, through its wholly owned subsidiary, Bulk Plus Logistics Limited Partnership, Trimac Transportation Services provides third party transportation logistics services in Canada and the United States. Trust units of Trimac Income Fund are traded on the Toronto Stock Exchange under the symbol TMA.UN.

FOR FURTHER INFORMATION, PLEASE CONTACT:

Jeffrey J. McCaig
Chairman and Chief Executive Officer
Trimac Transportation Services Inc.

-or-

Edward V. Malysa
Executive Vice President and Chief Operating Officer
Trimac Transportation Services Inc.

Telephone: 403-298-5100
Facsimile: 403-298-5146